

### GoLyteLY COLONOSCOPY PREPARATION

Mr. / Mrs. / Ms. \_\_\_\_\_  
Date and Time: \_\_\_\_\_

This procedure is an examination of the entire colon, or large bowel. It is designed to help explain symptoms such as bleeding, change in bowel habits or abdominal pain. It permits the taking of biopsies and the removal of polyps, if any are found. You will be asked to sign a standard consent form. Like other invasive procedures in medicine, there is a small but real risk to colonoscopy which includes bleeding, infection, and perforation which may require surgery. It is not a perfect exam and may even miss pathology such as polyps and cancer. By signing the form, you are acknowledging that you are aware of this. Please feel free to ask any questions at 718-368-2960.

#### To Pick Up At Pharmacy:

**Citroma or Magnesium Citrate**  
300 ml or 300 cc  
**NO RED/CHERRY FLAVOR.**  
**ONLY LEMON!** →



AND



← **GoLyteLY Bowel Preparation Kit (with prescription)**

**The day before the exam:** DO NOT EAT SOLID FOOD. **You should consume large amounts of CLEAR liquids such as**

**\*\*DO NOT DRINK ANYTHING WITH A RED COLOR\*\***

\*Water, Tea (with honey and sugar. NO MILK)  
\*Apple juice, Lemonade, lemon ices

\* Strained chicken or vegetable broth  
\*Jell-O (no cherry flavor) \*Sprite, 7-Up, Ginger Ale

1. On \_\_\_\_\_ beginning at \_\_\_\_\_AM/PM: Drink 1 bottle of **CITROMA** or **Magnesium Citrate** slowly.
2. On \_\_\_\_\_ beginning at \_\_\_\_\_AM/PM: Fill the **GoLyteLY** jug with water and shake very well. Drink entire gallon over 4 hours **WITH CLEAR LIQUIDS.**

- You may mix the solution before drinking and place in refrigerator.

**\*\*\*Continue to drink clear liquids until bedtime\*\*\***

**STOP ALL LIQUIDS ON \_\_\_\_\_ AFTER \_\_\_\_\_AM/PM**

#### MEDICATIONS

- Take **all** usual medications **except for** DIABETES pills.

\*\*The day of procedure, you must take your blood pressure medication 2 hours before the procedure with a sip of water\*\*

- **ALTHOUGH IT IS PREFERRED THAT YOU STOP TAKING "BLOOD THINNERS" AS OUTLINED BELOW, YOU MUST ASK YOUR PRIMARY DOCTOR OR CARDIOLOGIST IF YOU CAN STOP TAKING MEDICATIONS** TO PREPARE FOR THE EXAM SINCE THERE IS AN INCREASED RISK OF BLEEDING IF YOU DO NOT STOP THE MEDICATIONS WITHIN THE APPROPRIATE TIME BEFORE THE PROCEDURE.  
**THE FOLLOWING ARE GENERAL GUIDELINES:**

If you take: **Effient (prasugrel)**, → STOP 7 DAYS BEFORE EXAM

If you take: **Pradaxa (dabigatran)** → STOP 2 DAYS BEFORE EXAM

If you take: **Xarelto (rivaroxaban), Eliquis (apixaban)** → STOP 1 DAY BEFORE EXAM

If you take: **Coumadin (warfarin)** → STOP 5 DAYS BEFORE EXAM

If you take: **Fragmin, Lovenox** → STOP 24 HOURS BEFORE EXAM

If you take: **Iron pills** → STOP 7 DAYS BEFORE EXAM

If you take: **Trental (dipyridamole), Persantine (dipyridamole), Aggrenox (dipyridamole)** → STOP 2-3 DAYS BEFORE EXA

If you take: **Pletal (cilostazol)** → STOP 2 DAYS BEFORE EXAM

If you take: **Plavix (clopidogrel)** → STOP 5 DAYS BEFORE EXAM

If you take: **Aspirin** → YOU CAN CONTINUE